CTN+ Fall Meeting: Treatment and Management Breakout Session Report

September 19, 2025

ctn+

CIHR Pan-Canadian Network for HIV and STBBI Clinical Trials Research | Réseau pancanadien pour des essais cliniques sur le VIH et autres ITSS

Top Priorities for CTN+ Flagship Trials

- Address burden of comorbidity in people living and aging with HIV (including those with perinatal HIV infection)
  - Medical/non-pharmacological/models-of-care interventions
  - Build on existing observational studies (e.g. CHANGE HIV, Canadian HIV and Aging Cohort, CHIWOS/bcc3)

- Focus outcomes on function, morbidity, access to appropriate care and QoL measures including stigma/social inclusion

Flagship Trial ideas

- A quasi-experimental study investigating impact of GLP-1 agonists and behavioural interventions in treatment of **weight gain/metabolic syndrome** in people living with HIV
- Adaptive platform trial evaluating multiple interventions (e.g. deprescribing, models of care, falls prevention) for **Geriatric Syndromes** in people aging with HIV
- Implementation study of menopausal hormone therapy for **women living with HIV**